

2 LAUGHING SOULS NEWSLETTER



JUNE / JULY 2021

Hello friends!

Summer and all its colors are upon us!

Do you feel the changes coming, in nature as well as your own nature? Now that life and businesses are beginning to open up, are you feeling ready for something different, more fun, change it up? Sometimes we are aware of the change we want and sometimes the stirring of change inside of us feels unfamiliar as our soul is sorting and rearranging to accommodate and prepare. Can you say "clutter coma"? It's like our soul is working from that popular book by Marie Kondo: [The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing](#). Out with the old and in with the new... or really "out with the old and in with the YOU".

That's what healing and growth are.

It is life-changing to declutter by clearing others' energies from your space, giving your own energy more room to reside in you, spreading its wings and breathing easier! That's what allows for healing, growth and insight. Sometimes it feels like the lights have been turned on. And sometimes it feels like you're looking at life from a whole new vantage point, like say, a hot air balloon!

Yep, life-changing!

At the **2 Laughing Souls** sanctuary we are happy to offer classes and events to support your own life-changing and healing journey. Check them out below!

HIGHLIGHTS: **Basic Tools 2, Women's Healing 1, World Healing, Soul Bridge, Women's Healing: The Journey Continues, and more!**

***** **JUNE Events** *****

Begins June 2nd!

BASIC TOOLS Part 2
A Next Step in Creating and Managing Your Experience



June 2, 9, 16 & 23
6:30 - 7:45pm PT

Fee: \$130 (includes 15 min. energy check)

Returning BT 2 students get discount!

Pre-Req: Basic Tools Pt. 1

Register: paypal.me/2LaughingSouls

There's yet more fun to be had and things to discover as we continue the Basic Tools journey. Some people discover the more they know about how they can effect their own life, the more techniques they want to know! In this series we'll build on what was learned in Basic Tools Part 1, and explore more tools and techniques that not only clear and help heal your space, but also minimize the need for clearing out in the first place! Less work already! Spirit Guides will make an appearance too! If this sounds like fun, join us!

Begins June 6th!

WOMEN'S HEALING Part 1



June 6, 13, July 11, & 18

10:30 - 11:45am PT

Fee: \$130 (includes 15 min. energy check)

Returning WH 1 students get a discount!

Pre-Req: Basic Tools Pt 1 & 2

Register: paypal.me/2LaughingSouls

This series can be like opening a magic box to a new world of wonderful and interesting discoveries about having a female body and the spiritual anatomy that is part of it! These classes offer a new way to understand and appreciate this system of energy unique to the female body and how this has been effecting your life. You get to UNlearn what the world has taught and discover what power and healing is available to you!

JUNE 30th

MONTHLY MEDITATION



Last Wednesday of Every Month

June 30th, 7:00 - 7:45pm PT

No Fee

(Donations welcome: [paypal.me/2LaughingSouls](https://www.paypal.me/2LaughingSouls))

Open to everyone

Come join us in the sanctuary for some time to tune out the world and tune into YOU. In here you have the opportunity to clear energies that don't serve you, allowing you to feel more yourself. Looking for a space to enjoy some peace and restore, renew and refresh? Join us!

All are welcome. Please pass this onto anyone interested.

NOTE: There is NO World Healing for June

***** **JULY Events** *****

July 7th

WOMEN'S HEALING: The Journey Continues



WORKSHOP SERIES

July 7th, 6:30 - 8:30pm PT

Fee: \$35

Register: [paypal.me/2LaughingSouls](https://www.paypal.me/2LaughingSouls)

Pre-reqs: Basic Tools 1&2 and Women's Healing 1&2

JULY Topic: She Said He Said

In this workshop we'll dive deeper into the two energy frequencies that all us humans have, as well as what's operating in the universe: **FEMININE** and **MASCULINE** energy. Enjoy this new perspective on these energies as well as what kind of song and dance they do in your female space! Is it time to change that tune, or just decide on one you like even more? As you learn a new, more aware relationship with these incredible energies it allows for a positive and validating effect on your female space. **NOW** who wants to dance?

July 14th

SOUL BRIDGE



WORKSHOP SERIES

July 14th, 6:30 - 8:30pm PT

Fee: \$35

Register: [paypal.me/2LaughingSouls](https://www.paypal.me/2LaughingSouls)

Pre-Req: Basic Tools 1 & 2

JULY Topic: Here Comes the Judge!

Ever felt "judgie"? Ever experienced the sting of someone laying their judgement on you? In this workshop we'll explore how the energy and choice or habit of judgement effects your space and your life. We'll look at the divisive quality of judgement and shine light on this tactic, enabling you to create more wholeness and healing for yourself. Besides, those black robes get hot and itchy in summer! If this workshop pleases the court, join us!

July 25th

HEALING THE WORLD AND OURSELVES



July 25th, 11:00 - 11:45pm PT

No Fee

(Donations welcome: [paypal.me/2LaughingSouls](https://www.paypal.me/2LaughingSouls))

Open to everyone

In this space we gather and envision healing for humanity as well as receive a healing ourselves. Each month this has shown to be a very profound experience. If this speaks to you, join us!

All are welcome. Please pass this onto anyone interested.

July 28th

MONTHLY MEDITATION



Last Wednesday of every month

July 28th, 7:00 - 7:45pm PT

No Fee

(Donations Welcome: [paypal.me/2LaughingSouls](https://www.paypal.com/2LaughingSouls))

Open to everyone

This is a different kind of Happy Hour! During this time, it's all about YOU! In this space you have full permission to tend ONLY to yourself, give to yourself, clear yourself and heal yourself. If this rings your chimes, join us!

All are welcome. Please pass this onto anyone interested.

ALWAYS AVAILABLE: Duo readings with Alex and Stephanie



\$100 for a 1 hour session

We offer 1 hour reading sessions where we take a look at you as the spirit you are and can look at aspects of you and the journey you're on as a soul in this lifetime. You can get information about your path, what you're here to offer, what appears to be working, what appears not to be on point, and more. The Book of You has many amazing things to be discovered and validated.

If interested, email us at: 2LaughingSouls@gmail.com

We appreciate you very much!

With love,

Stephanie and Alex