

## 2 LAUGHING SOULS NEWSLETTER



FEBRUARY 2023

*“Do you know what you are?  
You are a manuscript of a divine letter.  
You are a mirror reflecting a noble face.  
This universe is not outside of you.  
Look inside yourself;  
everything that you want,  
you are already that.”  
– Rumi,*

**Hello everyone and happy February!**

May this newsletter find you as an ever-growing kind and compassionate witness to your life.

What if we listen to Rumi and follow that opening poem?

What if we lived like we already knew that all of Life, THE ALL, is inside of us, and we are everything we want?

We could let this mystery of the universe, the mystery of our soul, unfold within us like a blooming flower, like a long uplifting story being told.

Remember being a child sitting on the floor while an adult read you a story?

**Remember the feeling of wondering "wow, what happens next?"**

**What if we could feel that way about our life?**

**Our life is a story unfolding, and we know there are turns and twists. We know  
the main character makes choices and things happen.  
We also know that the story never ends, does it?**

**When we listened to that storybook, it may have said  
"The End"  
but we KNEW  
that the story continued on after we closed that storybook.**

**In our lives there is always the next moment, the next choice that colors the way  
the story will go.**

**There is always MORE.**

**More to be revealed.  
More to see.  
More to understand.  
More to lovingly surrender and forgive.  
More to love and appreciate.**

**There is always MORE.**

**The more that is revealed, the more we gain awareness, and our growing  
awareness affects how we see things and what we choose.  
Our growing awareness even makes it easier to forgive anything we've held  
against ourselves.**

**If we knew that we are ENOUGH, then what could possibly be wrong?**

**Would we have patience and allow the unfolding of what we haven't seen yet, and  
of what we don't understand yet, knowing that eventually we will?**

**Would we trust that we always have another next choice and so nothing ever  
condemns us?**

**Would we notice how much easier it is to be kind to ourselves?**

**Would we feel more like that child, eagerly wondering "what happens next?"**

**If you are on a journey of your unfolding story, and you are wondering what  
happens next as you awaken and grow,  
there is space here for you!**

Here at **2 Laughing Souls** we have various classes, events and offerings that can support your inner bloom, soul growth and awakening.

As they say in the stores,  
*"Welcome In!"*

## \*\*\*\*\* FEBRUARY EVENTS \*\*\*\*\*

**February 15**

*Notice the different day of the week!*

### HEALING THE WORLD AND OURSELVES



Wednesday, February 15  
7:00 - 8:00pm PT

**NO FEE**

Donations welcome: [Paypal.Me/2Laughingsouls](https://www.paypal.com/2Laughingsouls)

*\*Please note different day of the week than usual*

**OPEN TO ALL**

**Interested in joining a World Healing session?**

**There's various stuff going on here!**

**We're looking at humanity as a whole:  
where we, as a whole, are happy or afraid.**

**We look at what will help humanity be willing to take a next step in  
our growth as souls.**

**We look at what can help us humans get UNstuck.**

**We look at what can allow more healing in the world.  
We look at what can open up communication.  
We look at what is needed in the moment for this world 'flower' to  
bloom.**

**It can be bloomin' amazing!**

**This space can be fun, interesting and revealing.**

**You might walk away with a new perspective or appreciation of  
humanity!**

**Interested?**

***Join us! Open to All!***

**February 22**

## **MONTHLY MEDITATION**



**LAST WEDNESDAY OF EVERY MONTH**

**Wednesday, February 22**

**7:00 - 8:00pm PT**

**NO FEE**

**Donations welcome: [Paypal.Me/2Laughingsouls](https://www.paypal.com/2Laughingsouls)**

**OPEN TO ALL**

**Welcome to Monthly Meditation!**

**In this space there is total permission for you to tune into  
the YOU,**

the whole **YOU**  
and nothing but the **YOU**.

You want to create peace?  
You can do that here.

You want to clear everyone else out of your head and thoughts?  
You can do that here.

You want to be more clear on what **YOU** actually want?  
You can do that here.

You want to create more breathing room for **BEING YOU**?  
Take a deep breath, and do that here!

There is permission here for you to heal yourself  
and it is often so much easier  
when we do this among others doing the same.

Interested?

**Join us!**

**\*\*\*\*\* ALWAYS HAPPENING \*\*\*\*\***

### PRAYERFUL PAUSE



**If you are on this emailing list then you have been receiving our weekly Prayerful Pause recording which offers a moment to look within, validate you as a soul, and give yourself some healing and restoration. You can download the recording and listen to it anytime.**

**Please feel free to pass them on to anyone you think would be interested.**

**DUO READING WITH ALEX AND STEPHANIE**



**\$100 for a 1 hr session**

**We offer 1-hour reading sessions where we use clairvoyance to take a look at you as the spirit you are and the journey you're on in this lifetime. You can get information about what your attention has been on, information about your path, what you're here to offer, what appears to be working, what is affecting you, and more. A reading session offers incredible potential for healing your energy in and around your body!**

**The Book of You has many amazing things to be discovered and validated!**



**A reading session can also be a great gift for someone else!**

**If interested, email us at: [2LaughingSouls@gmail.com](mailto:2LaughingSouls@gmail.com)**

## MORE WAYS TO KEEP IN TOUCH



You can find us on YOUTUBE, where you can see our videos here:

<https://youtu.be/4Eulho06CoY>

AND



You can find us on INSTAGRAM, where you can see our videos here:

<https://www.instagram.com/tv/CdH3bfpj-0g/?igshid=YmMyMTA2M2Y=>

- OR -

see all our videos and offerings on Instagram by typing  
**2LaughingSouls**

***\*Please Note: Our work is about spiritual tools and spiritual healing and growth. We never tell you what to do. We are not medical professionals and never diagnose or treat any medical situation.***

*We honor you and your path.*

*With love,  
Stephanie and Alex*

***\*\* Your Spirit's natural state is JOY \*\****

