

BASIC RESOURCES – *RECURSOS BASICOS*

Dial 211 or go to www.arlorg.info for additional resources.

Marque 211 o visite www.arlorg.info para más recursos.

CRISIS HOTLINES – *Números de Emergencias*

[National Suicide Hotline \(# Emergencia de Suicidio\) - 1-800-273-8255](#) (Para Español, oprima 2)

National Suicide Text line (# de texto para suicidios) – 1-800-799-4889

[National Domestic Violence Hotline \(# Emergencia de Violencia Doméstica\)](#) – 1-800-799-7233

National Domestic Violence Text line (# de texto para Violencia Doméstica) – 1-800-787-3224

[Military Veterans Suicide Hotline \(\(# Emergencia de Suicidio para Veteranos Militares\)](#) – 1-800-273-8255

[Texas Youth Helpline \(Línea de Emergencia para adolescentes\)](#) – 1-800-989-6884

PSYCHIATRIC SERVICES (*SERVICIOS PSIQUIÁTRICOS*)

Dial 911 immediately in an emergency – Marque 911 inmediatamente en caso de emergencia

*24-hour facilities – **Facilidades abiertas 24-horas*

*[Arlington Memorial Hospital](#) – 817-960-6100
800 W. Randol Mill Rd., Arlington, TX 76012

*[Millwood Hospital](#) – 817-261-3121
1011 N. Cooper St., Arlington, TX 76011

*[Mesa Springs](#) – 817-292-4600
5560 Mesa Springs Dr., Fort Worth, TX 76123

[Excel Center](#) – 817-404-2207
1111 N. Cooper St., Arlington, TX 76011

[MHMR](#) – 817-335-3022
601 W. Sanford St. Suite 11, Arlington, TX 76011

MEDICAL SERVICES (*SERVICIOS MÉDICOS*)

[Mission Arlington](#) – 817-277-6620
210 W. South St., Arlington, TX 76010

[E. Carlyle Smith, Jr. Health Ctr](#) – 214-266-3400
801 Conover Drive, Grand Prairie, TX 75051
Parkland Dallas Clinic

[JPS Health Network](#) – 817-702-1100
1050 W. Arkansas Ln., Arlington, TX 76013

[JPS Health Network](#) – 817-702-1100
1500 S. Main St., 4th Floor, Fort Worth, TX 76014
Link: <https://www.jpshhealthnet.org/locations>

[JPS Veda Knox](#) – 682-867-7333
2315 Stonegate St., Arlington, TX 76010
Kids only – *Centros de Salud para niños en escuelas*
Link-Vinculo to/a [JPS School Based Centers](#)

[Open Arms Health Clinic](#) – 817-496-1919
3311 Little Road, Arlington, TX 76016

[Arlington Community Health](#) – 817-625-4254
979 N. Cooper St., Arlington, TX 76011

COUNSELING SERVICES (*SERVICIOS DE ASESORAMIENTO*)

[Children First Counseling Center](#) – 972-264-0604
202 College St., Grand Prairie, TX 75050
Cost little or nothing – *Bajo costo, se habla Español*

[The Parenting Center](#) – 817-332-6348
2928 W 5th St., Fort Worth, TX 76107
Sliding scale, accepts insurance – *Escala flexible, acepta seguro, se habla Español*

[ACH Child and Family Services](#) – 817-335-4673
3712 Wichita St., Fort Worth, TX 76119
Real Help for real life - Santa Fe Youth Services

[Catholic Charities Fort Worth](#) – 817-534-0814
249 Thornhill Dr., Fort Worth, TX 76115
Se habla Español

[Fuerza de los Barrios Chicanos](#) - 817-504-4270
615 W. Main St. Arlington, TX 76010 - *Español*

[Lena Pope Home Arlington](#) – 817-255-2652
601 W. Sanford St. Suite 202, Arlington, TX 76011
NO hablan Español

[Lena Pope Home Fort Worth](#) – 817-255-2500
3200 Sanguinet St., Fort Worth, TX 76107
Se habla Español

[The Women's Center Arlington](#) – 817-548-1663
401 W. Sanford St., Suite 1200, Arlington, TX 76011

[The Women's Center Fort Worth](#) – 817-927-4040
1723 Hemphill St., Fort Worth, TX 76110

CLOTHING & FOOD PANTRY (*Ropa y Comida*)

[Arlington Charities](#) – 817-275-1511
811 Secretary Dr, Arlington, TX 76015

[Mission Arlington](#) – 817-277-6620
210 W. South St., Arlington, TX 76010

[Water from the Rock](#) - 817-860-9702
402 N.L. Robinson Dr. Arlington, TX 76011

Food mostly –*Comida*

[Arlington-TANF & Food Stamps](#) - 817-461-8273
1540 New York Av, Arlington, TX 76010

[Armor of God Bible Fellowship](#) - 817-292-1505
1530 South Center Arlington, TX 76010

[Harvesting Int'l Ministry Center](#) - 817-453-3663
560 Easy Drive, Mansfield, TX 76063

[Hearts and Hands Ministries at North Davis Church of Christ](#) – 817-459-4950
1601 N. Davis Dr., Arlington, TX 76012

[Shepherd's Pantry](#) - 817-460-0631
715 E. Lamar Street, Arlington, TX 76011

[St. Maria Goretti–St. Anthony](#)-817-274-5407
1301 Paxton Avenue, Arlington, TX 76013

[The Church on Rush Creek](#) – 817-468-7729
2350 SW Green Oaks Blvd., Arlington, TX 76017

TUTORING (*TUTORÍA*)

[H.O.P.E. Tutoring](#) – 817-860-7757
2020 S. Collins St., Arlington, TX 76010

[Huntington Learning Center](#) – 817-539-0332
708 Hunters Row Ct, Suite 104, Mansfield, TX 76063

EMPLOYMENT (*SERVICIOS DE EMPLEO*)

[The Women's Center Fort Worth](#) – 817-927-4040
1723 Hemphill St., Fort Worth, TX 76110

[Arlington Goodwill - Job Center](#) – 817-987-6986
901 W. Lamar Blvd, Arlington TX 76012

[Arlington Workforce Center](#) – 817-413-4000
140 W. Mitchell St., Arlington, TX 76010

[Arlington H.A. EnVision Center](#) – 817-276-6727
501 W. Sanford St. Suite 20, Arlington, TX 76010
EnVisionCenter@arlingtonhousing.us

DENTAL SERVICES (*SERVICIOS DENTALES*)

[JPS Dental Clinic](#) – 817-702-3567
1050 W. Arkansas Ln., Arlington, TX 76013

[Dental Health Arlington](#) – 817-277-1165
501 W. Sanford St., Suite 11, Arlington, TX 76011

[Allan Saxe Dental Clinic @ Mission Arlington](#)
210 West S. St, Arlington, TX 76010 Ph. 817-277-6620

[Catholic Charities Fort Worth Dental Clinic](#)
249 W. Thornhill Dr. Fort Worth, TX 76036
Call for appointment *llamar para cita* 817-289-3982

FINANCIAL ASSISTANCE (*Ayuda Financiera*)

[Arlington Urban Ministries](#) – 817-861-8585
701 Dugan St., Arlington, TX 76010

[Catholic Charities Arlington](#) – 817-274-2560
917 W. Sanford St., Arlington, TX 76012

[Community Action Partners](#) – 817-392-7425
401 W. Sanford Street, Arlington, TX 76011
5565 Truman Dr., Fort Worth, TX 76112

[DRC-Solutions ORG](#) – 817-810-9797
1100 E. Lancaster Ave, Fort Worth, TX 76102

[Tarrant Cty. Dept. of Human Svs](#)- 817-531-5620
1200 Circle Dr. Suite 200, Fort Worth, TX 76119

[Society of Saint Vincent de Paul](#) – Several locations
By Zip Code, visit the website.

CANCER PATIENTS – *Pacientes de Cancer*

[The Gregg Pearce Foundation](#) – 817-207-7810
1010 Mustang Drive, Grapevine, TX 76051

[CancerCare.Org](#) – 800-813-4673
275 Seventh Avenue, New York, NY, 10001

SHELTERS (*Refugios*)

[Arlington Life Shelter](#) – 817-548-9885
325 W. Division St., Arlington, TX 76011

[Union Gospel Mission](#) – 817-339-2553
1321 E. Lancaster, Ft. Worth, TX 76102

[Salvation Army Family Life Ctr](#) –817-860-1836
712 W. Abram Street, Arlington, TX 76013

[Presbyterian Night Shelter](#) – 817-632-7401
2401 Cypress Street, Fort Worth, TX 76102