

2 LAUGHING SOULS NEWSLETTER

SEPTEMBER / OCTOBER 2021



Hello Friends!

Hello from the road; Life's road that is!

We're ALL on the road of Life, aren't we?

Some of us know we're on a journey, some of us wonder if we are, and some of us would rather play Candy Crush and not think about it. And some of us even find ourselves in all 3 camps as we go along.

The invitation seems to be: HOW would we like to be on our Life's road? How can we dance with it, create it, make peace with it, enjoy it?

It can be a wonderful and empowering discovery when it dawns on us how much choice we have as we navigate through our life.

Here at the 2 Laughing Souls sanctuary we offer classes, workshops and events to support your journey. Come take a look!

HIGHLIGHTS: SOUL BRIDGE, WOMEN'S HEALING WORKSHOP, WORLD HEALING, MONTHLY MEDITATION, WOMEN'S HEALING PT. 2 SERIES

******* SEPTEMBER EVENTS *******

September 5th



HEALING THE WORLD AND OURSELVES

Sunday, September 5th

11:00 - 11:45am PT

No Fee

Donations welcome (PayPal.me/2laughingsouls)

In this monthly space we gather and offer healing to humanity and ourselves.

If you have been looking for a way to be part of something like this, join us! It is profound everytime!

All are welcome! Please pass this onto anyone interested.

September 8th



WOMEN'S HEALING: THE JOURNEY CONTINUES

WORKSHOP SERIES

Wednesday, September 8th

6:30 - 8:30pm PT

Fee: \$35

Register: Paypal.me/2Laughingsouls

Pre-Req: Basic Tools 1&2 and Women's Healing 1&2

SEPTEMBER Topic: Honoring the Feminine in You

In this workshop we'll swim in the waters of the Feminine aspect of you.

FIRST: What is it *REALLY*.

We'll explore the qualities of Feminine energy, a force within the universe AND you, and get clear on the role it has in your life... and Creation!

NEXT: Reframe

You'll explore how the world has incorrectly valued it (or not valued it) and where you can heal and update your relationship to it.

This is a great opportunity to give Feminine energy space to BE in you, owning what it truly is, appreciate its role in your life and enjoy using it. Free yourself from the world's limited interpretation and expand into a whole new experience!

If this sings to you, join us!

***** Please note, this workshop has Pre-Requisites**

***** IF THIS WORKSHOP SERIES IS SOMETHING YOU WISH YOU COULD JOIN, LET IT INSPIRE YOU TO TAKE THE CLASSES THAT LEAD YOU HERE! *****

Starts September 19th



WOMENS HEALING Series, Part 2

Dates: Sundays September 19th, 26th, October 10, 17

Time: 10:30 - 11:45am PT

Fee: \$130

Register: Paypal.me/2LaughingSouls

**Pre-Reqs: Basic Tools 1 & 2 and Women's Healing Part 1
(Women's Healing Pt. 2 graduates get discount!)**

Are you a graduate of Women's Healing Part 1?

Or a graduate of Women's Healing Part 2 and would like a refresher?

Then this series is for you!

The fun of exploring your female space continues!

**We'll begin by tuning into this healing female space and getting
reacquainted.**

Ahhhhh, hello you!

**In this series you'll discover more ways you may have been interpreting
your female space using someone else's map, and an old upside down
one at that!**

**You will be tossing out that old map
and making way for a new journey ahead.**

**You will clear more of your female space and gain clarity of You, what
You feel, Your answers, and Your creativity.**

And your Female Healing Mistress will make appearances too!

**Here is an opportunity to own even MORE of your female space, update
your relationship to it, and welcome the natural enthusiasm, creativity
and appreciation that are Yours for YOU!**

Enthused already? Join us!

***** Please note: This series has Pre-Requisites**

September 22



SOUL BRIDGE

WORKSHOP SERIES

Wednesday, September 22nd

6:30 - 8:30pm PT

Fee: \$35

Register: PayPal.me/2LaughingSouls

Pre-Req: Basic Tools Parts 1 and 2

SEPTEMBER Topic: What Are You Looking At?

If you are a graduate of both Basic Tools Parts 1 and 2, this is for you!

Would you believe you are looking ALL THE TIME?!

But at what?

You, as a spiritual being, with your natural clairvoyance, are SEEING more than you realize.

Here's the clincher: what you continue to look at affects your experience!

In this workshop you'll use the tools you learned in Basic Tools 1 and 2 to continue gaining awareness of that natural ability that's happening all the time.

You'll be refining your "Looking" space, discovering that you can CHOOSE what to look at, and then refining your "Choosing" space. When you choose you can't lose! You can affect how life looks, and how it feels.

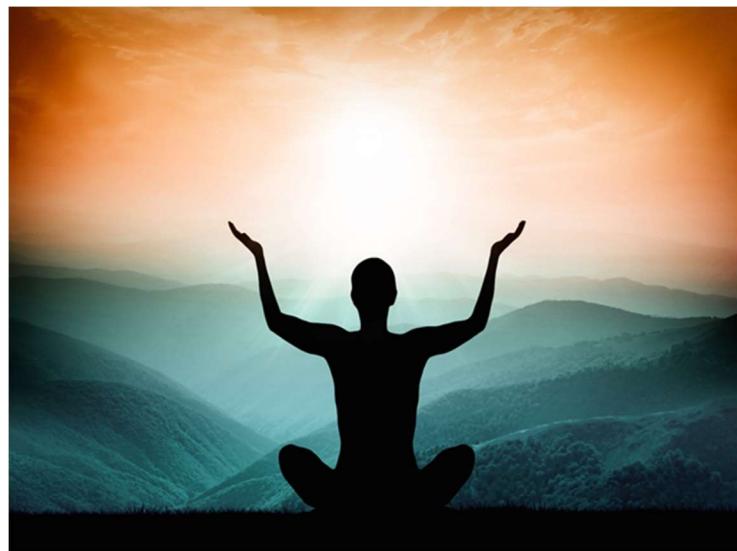
Would you ever purposely buy a ticket for that crappy movie you've heard awful things about, and then sit in the theater and watch it over and over? Would you like to watch the movie you PREFER?

Come join us and create space for that feel-good, life-supporting movie everyday!

***** Please note: This workshop has Pre-Requisites**

***** IF THIS WORKSHOP SERIES IS SOMETHING YOU WISH YOU COULD JOIN, LET IT INSPIRE YOU TO TAKE THE CLASSES THAT LEAD YOU HERE!*****

September 29th



MONTHLY MEDITATION

Last Wednesday of Every Month

**Wednesday, September 29th
7:00 - 7:45pm PT
No Fee
Donations welcome: PayPal.me/2LaughingSouls**

Come join us in the sanctuary and leave the rest of the world outside. Give yourself some time to renew, restore and revive.

No meditation experience necessary.

All are welcome! Please pass this onto anyone interested.

******* OCTOBER *******

October 13



WOMEN'S HEALING: THE JOURNEY CONTINUES

WORKSHOP SERIES

Wednesday, October 13
6:30 - 8:30pm PT
FEE: \$35
Register: paypal.me/2Laughingsouls
Pre-Requisites: Basic Tools 1 & 2 and Women's Healing 1 & 2
(Women's Healing Pt. 2 graduates get discount!)

OCTOBER Topic: Creating a Relationship With Your Feminine Wisdom

Got Feminine Energy? YES YOU DO!

In this workshop we'll explore more deeply the rich information inherent in Feminine Energy. Built within the aspect of Feminine Energy is a wisdom that helped shape this universe. We will look at that as well as how it has helped shape your own personal universe.

Come join and cultivate a more active and aware relationship with this aspect of you that you can utilize. More awareness allows for more understanding, more appreciation, and best of all, more enjoyment!

***** Please note: this workshop has Pre-requisites**

*****IF THIS WORKSHOP SERIES IS SOMETHING YOU WISH YOU COULD JOIN, LET IT INSPIRE YOU TO TAKE THE CLASSES THAT LEAD YOU HERE!*****

October 20



SOUL BRIDGE

WORKSHOP SERIES

Wednesday, October 20

6:30 - 8:30pm PT

FEE: \$35

Registration: paypal.me/2Laughingsouls

Pre-requisites: Basic Tools Parts 1 & 2

OCTOBER topic: Validating What's Working

In this world we are inundated with looking at problems, being told what's wrong, and caught up in a rhythm of solving issues. It can begin to feel like we've sunk into a "Problem Pit."

When we're looking at Life from inside that hole of problems it's hard to feel inspired, creative and hopeful. Hey, how easy is it to think "outside the box" while believing we're INSIDE the box?

Would you like a re-frame?

In this workshop we'll look from a different perspective and create a new lens.

Looking at what's working in LIFE is validating, inspiring and healing!

We'll discover how much has actually ALWAYS been working in our lives, and develop a new appreciation and habit of choosing that lens.

Monty Python was on the right track: "Always look on the bright side of life."

We can be aware of the whole range of what's going on in the world and still choose a productive and healing lens.

Looking correctly is empowering. Looking this way actually makes more space for things TO WORK!

Interested? Join us!

*****Please note: this workshop has Pre-requisites**

*****IF THIS WORKSHOP SERIES IS SOMETHING YOU WISH YOU COULD JOIN, LET IT INSPIRE YOU TO TAKE THE CLASSES THAT LEAD YOU HERE!*****

October 27



MONTHLY MEDITATION

LAST WEDNESDAY OF EVERY MONTH

Wednesday, October 27

7:00 - 7:45pm PT

NO FEE

Donations welcome: paypal.me/2Laughingsouls

Come join this space and find your space!

Finding YOUR space, and clearing it of what isn't yours, is a huge healing!

Restore you to yourself, heal and renew!

No experience necessary! All are welcome!

October 31



HEALING THE WORLD AND OURSELVES

**Sunday, October 31
11:00 - 11:45am PT
NO FEE
Donations welcome: paypal.me/2Laughingsouls**

Join us for an event that always turns out to be a profound and healing experience for all involved.

If you are looking for a place to offer humanity healing and renewal, join us!

All are welcome! Please pass this on to anyone interested!

******* ALWAYS HAPPENING *******

PRAYERFUL PAUSE

If you are on this mailing list then you have been receiving our weekly Prayerful Pause recording which offers a moment to look within, validate you as a soul, and give yourself some healing and restoration. You can download the recording and listen to it anytime.

Please feel free to pass them on to anyone you think would be interested.

DUO READING WITH ALEX and STEPHANIE

\$100 for a 1-hour session

We offer 1 hour reading sessions where we take a look at you as the spirit you are and can look at aspects of you and the journey you're on as a soul in this lifetime. You can get information about what your attention has been on, information about your path, what you're here to offer, what appears to be working, what appears not to be on point, and more. The Book of You has many amazing things to be discovered and validated.

If interested, email us at: 2LaughingSouls@gmail.com

We appreciate you and honor your path!

With Love,

Stephanie and Alex

***** Your Spirit's natural state is JOY *****

