

## 2 LAUGHING SOULS NEWSLETTER



AUGUST 2024

*Hello friends, fellow travelers, sensitives, seekers, healers and spiritually curious!*

*Happy August!*

How are you faring during these unusual times?

The world around us continues to produce beautiful, stressful and bewildering things, and we have to watch them all while we continue trying to live our lives everyday.

There is strife in some areas of the world, while at the same time the Olympics display the beauty of the human spirit, showing those world class athletes, all at

the top of their game, having worked hard at what they love and trying to achieve  
the highest level.

There are varied extremes going on all at once.  
It can be confusing, stimulating and everything in between.

But no matter the external circumstances,  
*Peaceful Paradise*  
is found within.

So where are you right now?  
Are you flying free...or flying out of your skin?  
Are you floating along in grace, or floating like an iceberg that just dislodged  
from the main ice shelf?

In unusual, dramatic or turbulent times, it seems  
*we naturally seek out peace*  
don't we?

At the heart of our nature, we are always trying to find our equilibrium, our  
center, our guiding light, our  
Peace.

Ever wonder how we know to do that?

Something in us like a homing device pings in our soul, we intuitively know what  
true  
"home base" is.

*Hello!*

However, in these times where we can feel turned around, up is down, down is  
up, no handle to hold onto, we might find ourselves looking for Peace "out there".

But if we stop and notice, in those moments where we actually are feeling peace,  
where are we experiencing it?

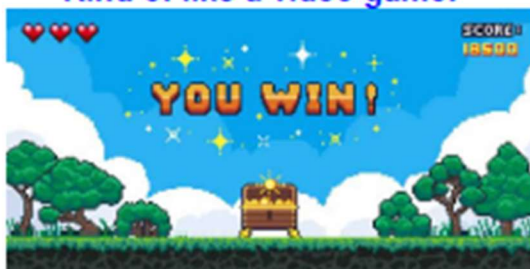
Notice, if your outer world is a peaceful circumstance,  
where are you feeling it?  
Where do you actually feel transformed? Transported?

*WITHIN!*

As you continue on a journey of finding answers in the light of truth,  
or finding shifts in the light of healing,  
it is the journey within that takes you there.  
This journey is where you tread into the higher and deeper realms.

Your path of finding your true answers is where you inevitably find the landscape open up to you.

Kind of like a video game!



In most video games, the more you master a certain set of circumstances using the tools you have acquired, and move through obstacles to new understanding and skill, you happily find yourself at **The Next Level.**

You have just Leveled Up!

Then, like magic, this mystical new territory, the new "scene" you're in is revealed.

So it is too on our awakening and healing journey.  
The next step on the adventure takes us to our next new awareness, our next new landscape.  
And in this new landscape, a deepening into Peace.

Are you on a journey of finding peace and your answers?  
Are you interested in your *Next Level*?

Here at  
*2 Laughing Souls*  
we  
offer classes, workshops and events to support you!  
Come check 'em out!

\*\*\*\*\* **AUGUST EVENTS** \*\*\*\*\*

**August 14th**

*Masterful Living:*  
*Leading a Soul-Directed Life*



**WORKSHOP SERIES**

**Wednesday, August 14th**

**7pm - 8pm PT**

**Fee: \$35**

**Register: [Paypal.me/2laughingsouls](https://www.paypal.com/2laughingsouls)**

**OPEN TO EVERYONE**

**Welcome to**  
*Masterful Living!*

**The Constellation of  
Your Life  
awaits!**

**Next up:**

**The 6th and FINAL STOP on this ride!**

***PILLAR 6:***



***Creating Your World***

**Live as the architect of your Life Experience**



***Interested in more  
Dynamic Participation  
in your life?***

As you know by now,  
YOU ARE A SOUL  
having a human experience!

This class takes you the next step deeper into  
crafting that experience.

Everyday you are creating your world,  
thought by thought,  
choice by choice.

An  
**UPGRADE of CREATIVITY**  
results  
when looking through the lens of  
soul, purpose and possibility!

GOT A SOUL?  
Then you are powerful beyond measure!

Similar to what is written in the U.S. Declaration of Independence,  
YOU AS A SOUL  
are endowed by the Creator  
with Unalienable  
aspects  
of your  
Beingness.

That means you got 'em and nothing (but your own thoughts)  
can separate you from them!

**IN THIS CLASS**  
You will get to  
Step Up Your  
**CONSCIOUS CREATING**  
of your world.

As a  
Powerful Creator  
you get to refine your approach:  
\* what you constantly have your awareness pointed at  
\* what box or paradigm you remain in  
\* willingness to break up your patterns in your imagination

Can you feel the ripples of the creativity "current"  
being more unleashed through you already?

Here's an opportunity to enhance:  
\* seeing yourself and your life differently  
\* clearing rubbish in your field that fractures your view of Self and misdirects your energy  
\* sending your creative energy in fruitful directions

Come and enjoy  
Expanding the Matrix  
from which you  
**CREATE YOUR WORLD**

★ *These classes involve guided meditation and imagery* ★

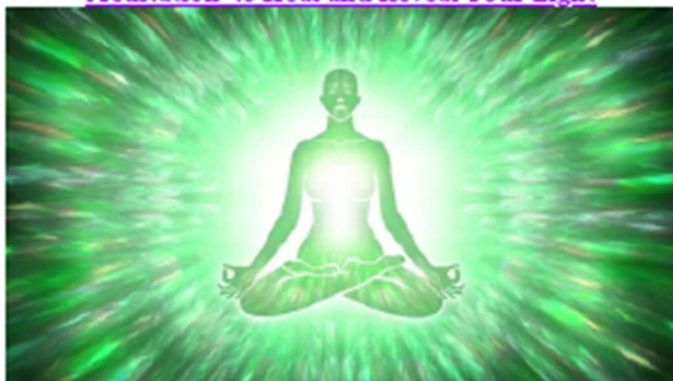
Interested?  
Join Us!

**ALL ARE WELCOME!**



**August 28th**

*Meditate and Radiate:*  
*Meditation to Heal and Reveal Your Light*



**LAST WEDNESDAY OF EVERY MONTH**

**Wednesday, August 28th**

**7:00 - 7:45pm PT**

**Fee: \$15**

**Register: [Paypal.me/2Laughingsouls](https://www.paypal.com/2Laughingsouls)**

**OPEN TO ALL**

**Hello and welcome**  
to our  
**Monthly Space for Meditation and Practice.**

If you are in search of a space to  
Heal and Reveal  
more of who you are  
this meditation space is for you!

This is an  
Active Meditation,  
In the Body.

Enjoy making your body and energy field a  
**SANCTUARY**  
for your being.

*Come and get centered and look within.*

**GENTLY**  
give yourself a  
**REBOOT.**

Come see what awaits to shift,  
be *healed* and *revealed*.

*Everything that happens here involves gentle guidance and use of imagery.*

Join us!

**ALL ARE WELCOME**



**REMINDER**  
**WHAT'S IN STORE FOR**  
**SEPTEMBER!**

**SEPTEMBER 14-15**

**WOMEN'S WEEKEND RETREAT**  
in  
**PACIFIC GROVE**

*entitled:*

**THRIVE**  
**in Your Female Body:**  
Enjoy Your True Nature of  
Awareness, Joy and Creativity!



Ready to "get away from it all?"

Here we go!

Welcome to a space  
OUT OF  
your everyday reality,  
and completely set for you to have:

- \* Healing
- \* Your Creative Power
- \* Self Discovery
- \* Full Permission for YOU
- ...and more!

This  
*Banquet for the Soul*  
is yours to enjoy, while creating  
Absolute Permission  
to heal, enjoy and celebrate  
in  
*Your Female Body.*

**Some of what's in store:**

- ★ Expressing your Female Creative Energy amongst like minded souls
- ★ The healing beauty of the seaside
- ★ Spiritual communication  
and more  
to enable you to
  - ♥ Refresh
  - ♥ Restore  
and
- ♥ Take Your Own Next Steps!





Fee: \$200

**WHAT'S INCLUDED :**

- ★ A "Welcome In" reception with snacks and laughter for any early arrivers September 13th 5pm - 7pm  
Retreat from  
Saturday 10:00am - 5:00pm  
Sunday 10:00am - 4:00pm
- ★ Women's workshops related to your Female Spiritual Anatomy and more!
  - ★ Healing(s)
- ★ 30 minute reading for each attendee
  - ★ Ceremony by the Sea
  - ★ Soul Journey
- ★ Snacks provided throughout the weekend  
... *and more!*

**For you to arrange:**

- ★ Your lodging
- ★ Transportation
- ★ Meals

*Interested?*

**Email us for a  
Retreat Flyer!**



\*\*\*\*\* OTHER SUPPORT WE OFFER \*\*\*\*\*

PRAYERFUL PAUSE



**Periodically we email a**

**Prayerful Pause recording**

**which offers a moment to look within, validate you as a soul, and give yourself some healing and restoration. You can download the recording and listen to it anytime.**

**Please feel free to pass them on to anyone you think would be interested.**

[DUO READING WITH ALEX and STEPHANIE](#)



**\$100 for a 1 hr session**

We offer 1-hour reading sessions where we use clairvoyance to take a look at you as the spirit you are and the journey you're on in this lifetime.

Get information about what you are working on, your path, what you're here to offer, what appears to be working, what is affecting you, and more.

A reading session offers incredible potential for healing your energy in and around your body!

[The Book of You](#) has many amazing things to be discovered and validated!



A reading session can also be a great gift for someone else!

If interested, email us at: [2LaughingSouls@gmail.com](mailto:2LaughingSouls@gmail.com)

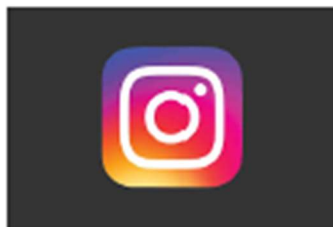
\*\*\*\*\* MORE WAYS TO KEEP IN TOUCH \*\*\*\*\*



You can find us on YOUTUBE, where you can see our videos here:

<https://youtu.be/4EulhoO6CoY>

AND



You can find us on INSTAGRAM, where you can see our videos here:

<https://www.instagram.com/tv/CdH3bfpj-0g/?igshid=YmMyMTA2M2Y=>

- OR -

see all our videos and offerings on Instagram by typing  
**2LaughingSouls**

*\*Please Note: Our work is about spiritual tools and spiritual healing and growth. We never tell you what to do.  
We are not medical professionals and never diagnose or treat any medical situation.*

*We honor you and your path.*

*With love,*

*Stephanie and Alex*

*\*\* Your Spirit's natural state is JOY \*\**

