



Mayfield Hawks Netball Club COVID-19 Safety Plan

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Mayfield Hawks Netball Club is a member of the Metro District Netball Association (MDNA) and train at the club grounds behind the Clem Jones Aquatic Centre on Zahel Street, Carina, where there are six bitumen courts and a clubhouse. Mayfield Hawks Netball Club comes under the umbrella of the Camp Hill Carina Welfare Association, along with 19 other sporting clubs which make up the Clem Jones Centre. Mayfield Hawks Netball Club trains Tuesday, Wednesday and Thursday nights from 3.30pm – 9pm. For the season 2020, Mayfield Hawks has 325 registered players compiling 36 teams. Mayfield Hawks Netball Club participate in the MDNA Saturday netball competition held at Wembley Park, Coorparoo.

This document details the COVID-19 Safety Plan including the training and hygiene protocols for the Mayfield Hawks Netball Club to resume training post stage 3 restrictions being lifted. Participation in the MDNA netball season will be at the discretion of MDNA, and compliance with MDNA protocols established for Wembley Park will ensue. Permission will be sought from the Clem Jones Centre for training to resume and comply with Clem Jones Centre venue restrictions.

This COVID-19 Safety Plan is based on the Field Team Sports - Industry COVID Safe Plan as found on the Netball Queensland website <https://qld.netball.com.au/community-venue-guidelines> and should be read in conjunction with the Framework for Return to Sport - Detailed Checklist.

Purpose

To reduce exposure to Coronavirus (COVID-19).

To establish agreed protocols for the management of illness and personnel attending Mayfield Hawks Netball Club training sessions.

To enable netball training to resume under Stage 3 under the Roadmap to easing Queensland's restrictions.

Document History

This Safety Management plan applies from 10 July 2020 after which training will commence and is subject to the directives issued by the Queensland Chief Health Officer.

It will be updated and remain in effect throughout the continued process of the Roadmap to easing Queensland's restrictions, or is otherwise altered, varied or discontinued when COVID-19 control measures are either rescinded or re-activated.

Scope

This plan applies to Mayfield Hawks Netball volunteers, members, players, spectators and officials. The Mayfield Hawks Netball Club COVID-19 Safety Plan aligns with the key principles as outlined in the Field Team Sports - Industry COVID Safe Plan.

Responsibilities

The Mayfield Hawks Netball Club Committee will ensure that policy documentation and physical measures are in place before use.

Designated COVID-19 Safety Officer and volunteers shall ensure policy processes and physical measures are in place during training sessions.

Mayfield Hawks Netball Club COVID -19 Safety Officer and volunteers shall ensure requirements are met at the end of the last training session.

Players, parents and volunteer staff are also responsible to ensure compliance with this plan.

Resources

Sport Support

<https://qld.netball.com.au/community-venue-guidelines>

<https://www.sportaus.gov.au/return-to-sport>

<https://www.health.gov.au/resources/publications/coronavirus-covid-19-national-principles-for-the-resumption-of-sport-and-recreation-activities>

Queensland Government

<https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions>

<https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions/sport>

Federal Government

<https://www.health.gov.au/sites/default/files/documents/2020/03/environmental-cleaning-and-disinfection-principles-for-covid-19.pdf>

https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?gclid=Cj0KCQjwz4z3BRCgARIsAES_OVdAH6WNNomobNoB4dA5IW_VYkghhOHYcPMIP-Vv7vBNktkhaUwgmXMaAskYEALw_wcB

Queensland Government's Key Principles

General Directives

Physical Distancing

A minimum space of 1.5m between you and other people that are not from your household shall be observed. Four square metres per person must be maintained when indoors or in a group.

Hygiene Principles

Handwashing with soap and water for 20 seconds or use hand sanitiser before and after any contact with surfaces. Coughs and sneezes into elbows, avoid touching your face and stay home if sick.

Frequent environmental cleaning and disinfecting, particularly surfaces that are touched by more than one person.

Sports Directives under Stage 3

- Contact and non-contact activity permitted on the court during training and competition only. Physical distancing while on the court is not required.
- Off the court, participants, coaches and officials, trainers and spectators are to observe physical distancing.
- Organisation to emphasise AIS Framework principle of "Get in, train, get out" – arrive ready to train.
- Use of communal facilities with appropriate cleaning measures in place.
- Contact tracing information (training attendance register) must be kept for all attendees and spectators and information retained for 56 days.
- Sharing of some equipment is permitted (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited.
- No sharing of personal equipment.
- Bibs can be shared during the training session and must be washed after each session.
- Hand hygiene and frequent environmental cleaning and disinfection.
- Defined areas for each group during training/competition, e.g. sideline, marshalling.

Movement, Access and Health Management

General Principles

The approach to training is 'get in, train, get out' with minimal spectators and the minimum support staff available to support training sessions and participants.

To reduce cleaning and monitoring activities to the essential minimum and to avoid unnecessary monitoring with limited resources, until this plan is revised or withdrawn, Mayfield Hawks Netball Club training will ask that the spectator numbers be minimal and spectators gather in a designated area whilst social distancing.

It is strongly recommended that Parents and Guardians drop and go or wait in their car. If this is not possible the following rules should be followed.

- At most 1x parent or caregiver attend per player.
- Any spectators should be a minimum 1.5m from any training area and maintain minimum 1.5m between each person.

- Any spectators need to sign the Community Sport Attendance Sheet for Spectators that will be at the Clubhouse Window. This information will be used for contact tracing in the event that the Club has a COVID case confirmed.
- If a person is only present for the purpose of escorting a player to/from a netball court and leaves the Club premises immediately after escorting the participant, they do not have to record their details on an attendance register. As a rule of thumb, any person who is at the Club premises for more than 5 minutes at any time should be recorded on an attendance register for contact tracing purposes.

No access to the clubhouse will be available for players or spectators. Please come to training ready to train. Appendix 1 outlines the training protocol.

Entry and Exit

Entry shall only be in one direction. The Mayfield Club Mud Map clearly indicates where to enter and exit the club premises to deter co-mingling of groups. Parents of players in the 7 to 11 years age groups who drop and go will need to follow the correct entry and exit paths when coming to the court to collect their player. Players in the 12 years and above age groups can walk to the exit points to meet their parent or guardian.

Participants must follow clearly marked directions to their designated training area as soon as they arrive and shall only enter the club area 10-minutes before their start time. Please refer to the Mayfield Hawks Netball Club court map to identify separate entry and exit points. (Diagram 1, Appendix 1). It is recommended that players remain only on the courts they are assigned to train on.

Fit to Enter

All Committee members, volunteers, spectators and players of Mayfield Hawks Netball Club shall not attend if in the last fourteen days they have been unwell or had contact with a known or suspected case of COVID-19 – or have been within a known hotspot within the previous 14 days.

Persons suspected of being unwell, having any respiratory symptoms (even mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention and notify health authorities.

Notification of Issues

Queensland Health shall be notified within 1-2 hours by the Mayfield Hawks Netball Club Committee where there are any health issues of suspected COVID-19 cases.

COVID-19 Tracking

All users of our club facilities are required to sign in/out as per the Attendance Register located with each team coach (https://qld.netball.com.au/sites/qld/files/2020-06/Return%20to%20Sport%20Community%20Attendance%20Checklist%20Form_editable.pdf).

Spectators will need to sign the Spectator Attendance sheet held at the Clubhouse window. These records will be kept securely for 56 days.

Reporting

Where a participant subsequently tests positive for COVID-19, the exposure shall be immediately reported to a relevant Club Committee member who will notify their Association, who will notify the Chief Executive Officer of Netball Queensland within two hours.

Training attendance records shall be provided to Queensland Health within 24 hours.

Availability of Hand Washing Facilities and Hand Sanitiser

Sanitising stations shall be available at all entry points and outside the clubhouse. Hand washing is available in the toilets. Mayfield Netball Club will provide hand washing soap and sanitiser.

Zones

Teams have been allocated a court to train on. These are the only courts that the team will enter.

Training times

Training sessions are 60-minutes in total and at 90-minute intervals. A 15-minute window has been allowed for a training group to pack up and clean their area and depart the designated zone. Another 15 minutes is then allowed for the next team to gather on the court to be ready for training.

Coaches are responsible for managing their own time and must not loiter or linger on the courts when their time has concluded.

Remember to **Get in, Train, Get out!**

Training protocols (Appendix 1)

Post 10 July 2020, standard activity is permitted to occur at training. Contact and non-contact activity is permitted on the court. Activities requiring players to be in close proximity is permitted on court and during the activity only.

Players are to arrive at and depart from training in their training attire.

Toilets

Access to toilets is limited.

Social Gatherings

There shall be no social gathering or team meetings before or after training sessions.

Hygiene

Water containers

Players shall bring and only use their own water bottles. The water bubbler on the club premises will not be in use.

Shared equipment

Towels and clothing shall not be shared.

All netballs shall be sanitised by the coach at the beginning and end of the training session. The netball can be shared between players of the same group in a zone (court).

Netballs are not to be shared between zones. If a ball from one zone enters another, a player from that zone can retrieve it and it will need to be sanitised before being used in the original zone.

Shared uniforms

Training bibs may be shared under Stage 3 and must be washed after every training session.

Handwashing and Sanitising

Toilets will be available to wash hands with soap and water. Hand sanitiser will be available at entry points and at the Clubhouse for use as required.

First Aid

If a player falls ill or injures themselves at training, the parent will be contacted and requested to collect the player as soon as possible.

Personal Behaviour

Greetings

Handshakes and high-fives are discouraged. Team huddles can occur on the court. Off the court, team huddles only apply if players can maintain 1.5m separation from each other and the coach.

Communication

Electronic Media

The COVID-19 Safety Management Plan will be available on the Mayfield Hawks Netball Club website. Members will be directed to read this prior to Stage 3 Restrictions being enacted.

COVID Safe Coordinator Induction

Mayfield Netball Club have appointed a COVID-19 Safety Officer – Kirsten Boud.

Two volunteers from each training session timeframe will assist the COVID-19 Safety Officer. These volunteers will complete the Netball Queensland recommended COVID Safe training and will be required to complete an induction with the COVID-19 Safety Coordinator.

Please refer to the COVID Safe Coordinator duty description for more information (Appendix 3).

All volunteers, coaches and committee members will have completed the COVID Safe training found at <https://www.soulsafetraining.com/courses/livesafecourse>.

Signage

Relevant signage will be posted on the main entrances to the club facilities.

Non-compliance

The COVID -19 Safety Plan and protocols will be distributed to all registered members of the Mayfield Hawks Netball Club via electronic means and be available at the Club venue on training nights. Additional signage will exist to educate and remind members of the safety requirements. If any member is non-compliant with the Safety Plan, the Committee and Safety Officers will take immediate action to ensure member understanding of the document and safety requirements, and if non-compliance continues will remove that member from the grounds.

Appendix 1

Training Protocol

Prior to attendance

1. Mayfield Hawks Netball Club encourages all members (as appropriate) to download the COVID Safe app.
2. Mayfield Hawks Netball Club encourages all members (as appropriate) to undertake COVID Safe training prior to commencing netball training
<https://www.soulsafetraining.com/courses/livesafecourse>

Training attendance

1. It is expected that **no one attends** training if they have a temperature, are feeling unwell, or showing any cold/flu symptoms. You should also not attend if you have been in close contact with a known or suspected person with COVID-19, travelled internationally within 14 days or been in a known COVID-10 hotspot in the last 14 days.
2. All players are expected to arrive ready to train, with their own water bottles, towels and personal equipment.
3. It is expected that all members register their attendance at training via the community attendance checklist held by coaches.
4. The team coach and/or manager will be responsible for completing their team's attendance records each session and handing their attendance form into the COVID Safety Volunteer at the end of their sessions. Spectators must also sign an Attendance record that will be at the Clubhouse window. These records are required to be kept for 56 days.

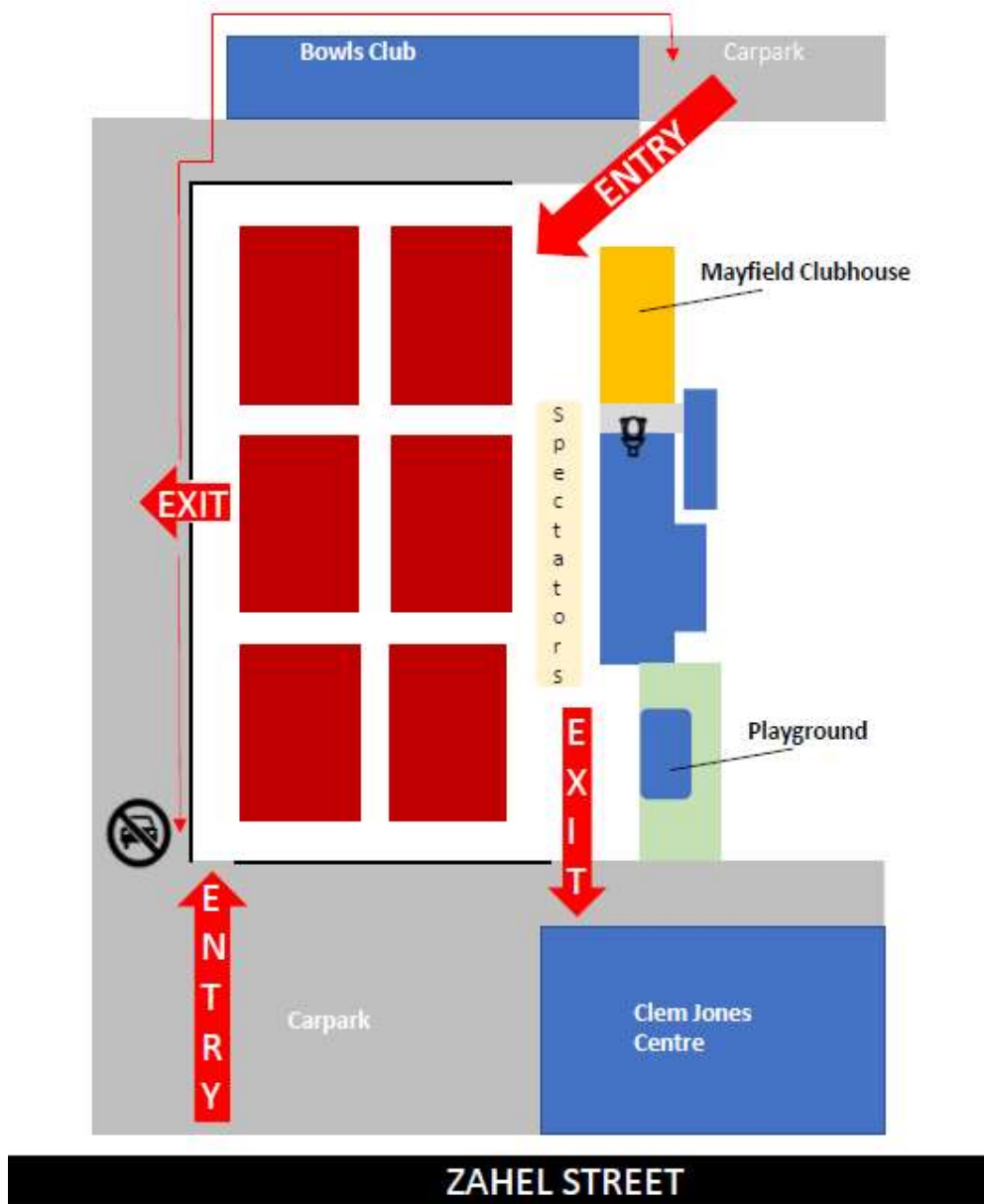
Facility Access

1. There will be access to the toilets during training.
2. The water bubbler is not to be used.
3. All teams will be allocated a court to train on. This court will be the only court that the team accesses during training.
4. It is expected that parents drop and collect players from the entry and exit points and remain either in the car during training or in the designated spectator area whilst social distancing.
5. There will be no access to the Clubhouse for anyone other than COVID Safety volunteers, Mayfield Committee members and coaches.

Training

1. Players will arrive ready to train, on time with sanitised hands.
2. The team coach and/ or manager will be responsible for coordinating the training session.
3. During stage 3 – standard contact and noncontact training can resume.
4. Training will consist of a 60-minute session with a 30-minute lag between sessions to accommodate hygiene protocols.
5. At training completion, players will move quickly to the Exit points to meet their parent or guardian.
6. The coach / manager will be responsible for sanitising the ball and goal post pads on their court prior to departure.

Diagram 1. Entry and Exit to Mayfield Hawks Netball training



PLEASE NOTE: If you choose to use the Stanley Road carpark to pick up your child and they are in the first session of the day (i.e. 12 year and 10 year olds), please walk to the EXIT gate on the driveway beside the courts as indicated on the above diagram to collect them. You will then need to follow the exit path as detailed on the diagram by walking down the side of the Bowls Club and out on to Stanley Road, then to the Carpark. This is to ensure no co-mingling with the players whose training session is commencing, and they are accessing the entry from the Stanley Road carpark.

Appendix 2

Equipment and Sanitisation protocol

1. All players, coaches, managers, spectators and associated volunteers will sanitise hands upon entering the facility and training.
2. The coach / manager will be responsible for collecting equipment from the Clubhouse.
3. The coach / manager sanitising the ball prior to and after training with disinfectant wipes.
4. The coach / manager will be responsible for sanitising the goal post pads on their court after training with disinfectant wipes. Coaches of the last sessions for the day will be responsible for returning the post pads to the Clubhouse.
5. No player will share their water bottle or personal equipment.
6. If a netball during training enters another zone, it can be retrieved and sanitised.
7. If toilets are used, the user is expected to wipe down the basin and touch points after use.
8. The COVID-19 Safety Officer and volunteers will ensure that all high touch points at the facility are wiped down at the beginning and the end of each training window.

Appendix 3

COVID-19 Safety Officer Duties

1. Mayfield Hawks Netball Club has appointed a COVID -19 Safety Officer.
2. This role will act as the conduit for MDNA and coordinate the Mayfield Hawks Netball response.
3. The COVID-19 Safety Officer will comply with the position description from NQ <https://qld.netball.com.au/sites/qld/files/2020-06/FINAL%20COVID%20Safety%20Coordinator%20-%20Position%20Description.pdf>.
4. All volunteers identified to assist with the COVID-19 Safety Officer will complete the necessary training to understand COVID-19 transmission risk and hygiene practices <https://www.soulsafetraining.com/courses/livesafecourse>

Netball training session COVID-19 Safety volunteer

1. Will arrive to the courts 20 minutes prior to training begins and will liaise with a Club Committee member to ensure that the hand sanitisation stations and signage is in place for training to commence.
2. Will monitor the arrival of the players and ensure that the court access and hand hygiene practices are undertaken prior to entering designated courts in partnership with the coach / manager of the training teams.
3. Will supervise the social distancing requirements.
4. Will liaise with any parents who may have queries regarding COVID-19 safety practices, and if necessary escalate these issues to the COVID-19 Safety Officer and Mayfield Hawks Netball Club Committee.
5. Will identify any breaches to protocol and address these as able and appropriate, then escalate as necessary.
6. At the end of the training session, the volunteers will collect the Attendance records and put away equipment when needed.