



ARLORG.INFO – Arlington Online Resource Guide

Page 1 – [Home Page – Directory – Latest Updates](#)

Page 2 – [Basic Needs – Food & Clothing, & Transportation](#)

Page 3 – [Arlington Housing, Homeless Shelters and Resources, Community Service Information](#)

Page 4 - [Safety Needs - Limited Financial Assistance and DFW-wide Domestic Violence Shelters](#)

Page 5 - [Safety Needs – Employment, Job Training, Support, Education, & ESL Classes Resources](#)

UNDER CONSTRUCTION COMING SOON:

Page 6 - Safety Needs - Child Care, Youth After School Programs, Summer Programs

Page 7 - Safety Needs - Legal Aid, Single Parents Assistance Programs, Counseling.

Page 8 – Safety & Health Needs – Health Care, Prescription Medicines, Chronic Disease Awareness

Page 9 – Safety & Health Needs – Aging and Disabilities Resources

Page 10 – Safety & Health Needs - Filing for Disability, Medicare & Medicaid

Page 11 – Love & Bonding Needs - Healthy Eating & Physical Exercise, Parenting Support, Tutoring

Page 12 - Love & Bonding Needs - Senior Living 55+, Adult Senior Facilities, Hospice,

Page 13 – Love & Bonding Needs – Mental Health - Substance Use Recovery Treatments

Page 14 – Love & Bonding Needs – NXT GEN Mental Health – Youth Online Use Danger Awareness

Page 15 – Love & Bonding Needs – NXT GEN Mental Health – Online Unplug challenge for adolescents.

Page 16– Love & Bonding Needs – NXT GEN Mental Health – Prevention – Parental Controls

Page 17 – Love & Bonding Needs –NXT GEN Mental Health – Prevention – Community Involvement

Page 18 – Love & Bonding Needs - NXT GEN Mental Health – Screening Tools - Intervention

Page 19- Esteem - Volunteering, community building activities, participating in city-wide events

Page 20 - Self Actualization – Volunteering, Religious Charity Groups, Donations.

Page 21– Self Actualization - Citizen Participation – Your Voice Matters

Page 22– Veterans Resources

Page 23 – Reentry Resources

Page 24 – Government Agencies – Listings

Thanks to [Arlington Transportation Ride with VIA](#) - the City of Arlington can now be connected to the rest of the Metroplex by taking VIA to the Centerport TRE Station near the DFW Airport.

Arlington is the third largest municipality in the heart of the Dallas-Fort Worth Metroplex, which has a total population of 7,759,000 residents and extends to 8,675 square miles with a population density of 916 individuals per square mile ([Census Reporter](#)). Arlington falls under Tarrant County, which has an estimated population of 2,126,477 residents and a population density of 2,490 persons per square mile ([Census Reporter](#)). The 2021 Census Bureau indicates the total population of Arlington as 392,786 inhabitants within 95.8 square miles and a population density of 4,100 residents per square mile ([Census Reporter](#)).